

KAT MATTHEWS

NEWS



PROFESSIONAL TRIATHLETE

BMC PRO TRIATHLON TEAM POWERED BY 2XU

RESULTS
[SELECTED]

-2021- IM WC	-2022- SUB 8HR	-2021- IM UK	-2020- IM FL	-2021- IM TULSA

- ▶ WC IM 70.3 '21 : 4TH
- ▶ COLLINS CUP '21 TEAM GOLD
- ▶ IM 70.3 TALLIN '20: 1ST
- ▶ IM 70.3 LANZAROTE '22: 1ST
- ▶ EUROPEAN (ETU) MID. DIST. CHAMP '19
- ▶ NATIONAL MID. DIST. CHAMP '18

ABOUT

Kat Matthews took up triathlon in 2015 whilst serving as a Physiotherapist in the British Army. After racing at the World Age Group Champs over the shorter distances, she stepped up to Middle Distance, winning 70.3 Calgary in 2018. Additionally, she took the National title later that year. Kat turned full time in 2019 and in her initial professional season, secured four middle-distance podiums, including a European Champs title and 16th at the World IM 70.3 Champs.

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ABOUT
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In 2020, she focused on Ironman and won IM Florida, earning the course record and putting her as the third fastest British female ever. In 2021, at Ironman Tulsa, Kat finished second with a 2:49 marathon. Five weeks later, she took the IM UK title. In her debut IM World Champs, on May 22, 2022, she came second and rolled into championing the Sub7/Sub8 attempt with a 7:31 over the IM Distance. Her full focus is on an Ironman World Championship win.



PARTNER
WITH KAT

- ▶ Skills Camps & Mentorship (Virtual and In-Person)
- ▶ Personalized Content + Endorsements
- ▶ Corporate Speaking + Zoom Conferences
- ▶ Brand Activation at Events

PLEASE DIRECT ALL MEDIA AND MARKETING INQUIRIES TO: PATRICK LEMIEUX | PATRICK@LEMIEUX.GROUP

SOCIAL

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